

CURRENT CLASS SCHEDULE

UPDATED 4/1/2024

		Room	Ages	Duration	Spots Currently Available	Membership Type
Monday						
3:30 PM	Dance & Tumble	B	4yr-5yr	55min	4 available	Tumbling Select Membership / Drop In / Punchcard
4:30 PM	Level 2 Silver Tumbling/Gymnastics	B	6yr-10yr	55min	4 available	Tumbling Select Membership / Drop In / Punchcard
4:30 PM	Body Weight Burn	A	7&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
5:30 PM	Strength & Agility	A	10&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
5:30 PM	Cheer Prep & Tumble (Starts May)	B	6yr-12yr	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
6:30 PM	Fit & Tumble	B	8&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
6:30 PM	Plyo Power	A	10&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
7:30 PM	Girl Power Fit	B	13&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
Tuesday						
9:00 AM	Tiny Tot Open Gym - Drop In	B	0-4yrs	60min	Drop In Only	Drop In Only
10:00 AM	Tiny Tot Tumble	B	2-4yrs	35min	1 available spot	Drop In/Punch Card /session
10:45 AM	Homeschool Fit & Tumble	A/B	7yr&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
12:15 PM	Homeschool Fit & Strength	A	10&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
3:30 PM	Tiny Tot Tumble	B	3yr-4yr	35min	2 available spots	Tumbling Select Membership / Drop In / Punchcard
4:30 PM	Level 1 Bronze Tumbling/Gymnastics	B	5yr-9yr	55min	3 available spots	Tumbling Select Membership / Drop In / Punchcard
4:30 PM	Strength & Agility (Boys)	A	7&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
6:00 PM	Cheer Tumble (Pop Warner)	B	6yr-14yr	55min	Session 8 weeks	Inspire Athletics Open Membership / Drop In / Punchcard
7:00 PM	Cheer Stunts (Pop Warner)	B	6yr-14yr	55min	session 8weeks	Inspire Athletics Open Membership / Drop In / Punchcard
Wednesday						
3:30 PM	Level 1 Bronze Tumbling/Gymnastics	B	6yr-8yr	55min	3 available Spots	Tumbling Select Membership / Drop In / Punchcard
4:30 PM	Level 1 Bronze Tumbling/Gymnastics	B	4yr-5yr	55min	Class Full - Waitlist	Tumbling Select Membership / Drop In / Punchcard
4:30 PM	Level 2 Silver Tumbling/Gymnastics	B	6yr-8yr	55min	1 available Spot	Tumbling Select Membership / Drop In / Punchcard
5:30 PM	Level 2 Silver Tumbling/Gymnastics	B	6yr-10yr	55min	open	Tumbling Select Membership / Drop In / Punchcard
5:30 PM	Level 3 Gold Tumbling	B	8yr-12yr	55min	open	Tumbling Select Membership / Drop In / Punchcard
5:30 PM	Strength & Agility	A	7&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
6:30 PM	Plyo Power & Strength	A	14&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
6:30 PM	Girl Power Fit	A	12&up	55min	open	Inspire Athletics Open Membership / Drop In / Punchcard
Thursday						
4:30 PM	Level 1 Bronze Gymnastics & Agility (boys)	B	4-6yrs	45min	Class Full - Waitlist	Tumbling Select Membership / Drop In / Punchcard
Friday						
3:45 PM	Body Scult & Power	A	11yr-14yr	55min	open	Athletics Open Membership / Drop In / Punchcard
5:00 PM	Cheer Prep & Tumble	B	6yr-14yr	55min	open	Athletics Open Membership / Drop In / Punchcard
5:30 PM	Kids Kickoff Build a Fitness Foundation	A	7yr-10yr	55min	open	Athletics Open Membership / Drop In / Punchcard
6:30 PM	Girl Power Fit	A	10&up	55min	open	Athletics Open Membership / Drop In / Punchcard
6:30 PM	Obstacles & Speed (Boys)	B	6yr-8yrs	45min	open	Athletics Open Membership / Drop In / Punchcard
7:30 PM	Bigger Faster Stronger	A	13&up	60min	open	Athletics Open Membership / Drop In / Punchcard
Saturday						
9:00 AM	Kids Kickoff Build a Fitness Foundation	A	7&up	55min	open	Athletics Open Membership / Drop In / Punchcard
9:00 AM	Tiny Tot Tumble	B	2-4yrs	35min	2 Available Spots	Tumbling Select Membership / Drop In / Punchcard
9:45 AM	Level 1 Bronze Tumbling/Gymnastics	B	5yr-8yr	55min	Class Full - Waitlist	Tumbling Select Membership / Drop In / Punchcard
9:45 AM	Level 2 Silver Tumbling/Gymnastics	B	6yr-10yr	55min	2 Available Spots	Tumbling Select Membership / Drop In / Punchcard
10:45 AM	Body Weight Burn	A	7&up	55min	open	Athletics Open Membership / Drop In / Punchcard
Sunday						
10:00 AM	Plyo Speed & Agility Training	A	7&up	55min	open	Athletics Open Membership / Drop In / Punchcard
10:30 AM	Girl Power Fit	B	10&up	55min	open	Athletics Open Membership / Drop In / Punchcard

ATHLETICS OPEN MEMBERSHIP \$82.00/MO UNLIMITED

Special Discount April 1st - September 31st 2024

Unlimited Classes for any class showing an Athletics OPEN Membership listed above

Must "Book" into desired classes using our Glofox App or through our website online

TUMBLING SELECT MEMBERSHIP \$72.00/MO

1x Class per week on your set desired day and time. No need to book into classes this membership reserves your space in class.

Easily switch days/times if needed for make ups by using our Glofox App to "Book" into desired classes within 30 days of missing classes through our Glofox App or website.

PUNCH CARD PACKS AVAILABLE

5pk Punch Card \$110.00

10pk Punch Card \$220.00

20pk Punch Card \$440.00

DROP IN RATE PER CLASS \$25.00

20% discount if joining a current member. First Class is always free!

Punch Cards & Drop In Available for any desired class within your age and level.

Must "book" through our Glofox App or on our Website

Parents when creating an account you will create your parent account first and add your child/children accounts under your main profile. Each child should have their own account. We can set this up for you in the gym after your free trial please feel free to reach out via email to inspirenevada.com with any questions or concerns or to request a free trial class.

*Free trials not available for Sessions based classes, Adult Classes, or Camps

